

# JOB SEEKER

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## MINNESOTA STATE TEACHING LICENSES

Physical Education, K-12 August 2014  
Special Education: Developmental Adapted Physical, Pre K - grade 12 August 2014

## EDUCATION

University of Minnesota, College of Education and Human Development Minneapolis, MN  
**Masters of Education, Physical Education** Anticipated May 2014  
**Bachelor of Science, Kinesiology** May 2013

- Minor: Youth Studies

**CPR Certification** – Children and Adults 2012 - Present

### Awards and Honors

- National Association for Sport & Physical Education Student of the Year 2013
- Women's Physical Education Alumnae Association Scholarship 2012

## TEACHING EXPERIENCE

**9<sup>th</sup> Grade Physical Education and Health Teacher Candidate** Minneapolis, MN  
Lane High School January 2014 - Present

- Lead a unit on sexual health and reproduction from which 90% of students met learning objectives at or above 85% as assessed by an objective, multiple choice, True/False and short essay exam adapted from district curriculum
- Taught students how to work with others through team building activities such as the human knot, relays, and the action name game
- Prepared and taught a lesson on badminton from which, based on a formal assessment, 100% of students learned the rules, shots, and stance

**K-5 Physical Education Teacher Candidate** Minneapolis, MN  
Kenny Elementary School September – December 2013

- Organized age appropriate sporting events, such as basketball, wiffleball, baseball, T-ball, and kickball, focusing on students' learning of strategy, teamwork, and cooperation
- Ensured safety of children, utilizing cones, providing water breaks, equipment inspections, and close supervision of class
- Discussed the dangers of violence, peer pressure, and the importance of health and hygiene

## COACHING EXPERIENCE

**Girls' High School Soccer Coach**, Sunnybrook Charter School, Fridley, MN 2012-2013  
**Girls' Junior High Volleyball Coach**, Sunnybrook Charter School, Fridley, MN 2011-2012  
**Girls' Ages 8-10 Soccer Coach**, Minneapolis Youth Soccer 2008-2011  
**Girls' Ages 6-8 Assistant Soccer Coach**, Minneapolis Youth Soccer 2007

## RELATED EXPERIENCE

### After School Activities Assistant

Spring Lake Park Elementary School

Spring Lake Park, MN  
August 2012 - June 2013

- Prepared classes in beading and instructed groups of 10-12 students in designing and making jewelry, encouraging creativity and originality
- Supervised children, ages 6-12, and provided structured games and activities
- Encouraged full participation in games and instructed students in rules and techniques

### Intern

Outward Bound Wilderness – Dogsled and Ski Adventure

Boundary Waters, MN  
Winter Break (4 weeks), 2012

- Instructed teenagers and adults, in small groups of ten, in preparing sleds, dogs, and equipment
- Taught cross country ski technique and strategies for keeping stamina in long distance trips
- Assisted Leader in group processes and activities and in team building
- Counseled individuals having difficulty with the adventure and assisted them in overcoming fears

### Participant

December (15 days), 2011

- Attended and participated in Outward Bound Winter Adventure with family members

### Camp Counselor/Activities Coordinator

Camp Sunshine

Bemidji, MN  
Summer, 2010

- Provided instruction on activities such as rowing, sailing, volleyball, kickball, and other outdoor games to children ages 10-15
- Created lesson plans and coordinated scheduling of activities so all kids could participate
- Recognized by supervisors for providing activities that kept campers interested and engaged
- Sought out by campers for extra lessons in sailing

## VOLUNTEER EXPERIENCE

### Member

Adaptive Sports Club, Department of Recreational Sports

University of Minnesota  
2012-Present

- Promoted and facilitated the involvement of University students and staff with disabilities in sport clubs, intramural sports, outdoor recreation, aquatic activities, and other program offerings
- Organized adaptive recreation, exercise, and sport activities for students and staff, including water aerobics and wheelchair basketball games

### Volunteer Big Sister

Big Brothers/Big Sisters

Minneapolis, MN  
2012-2013

- Provide ongoing support and mentoring to a now twelve year old girl from a single parent household on welfare assistance due to parental mental illness
- Volunteered as a big sister for two other girls who have since moved out of state

### Volunteer

Special Olympics

Minneapolis, MN  
2011

- Officiated volleyball games and recruited day-of-event volunteers
- Helped with day-of-event organization and information for participants